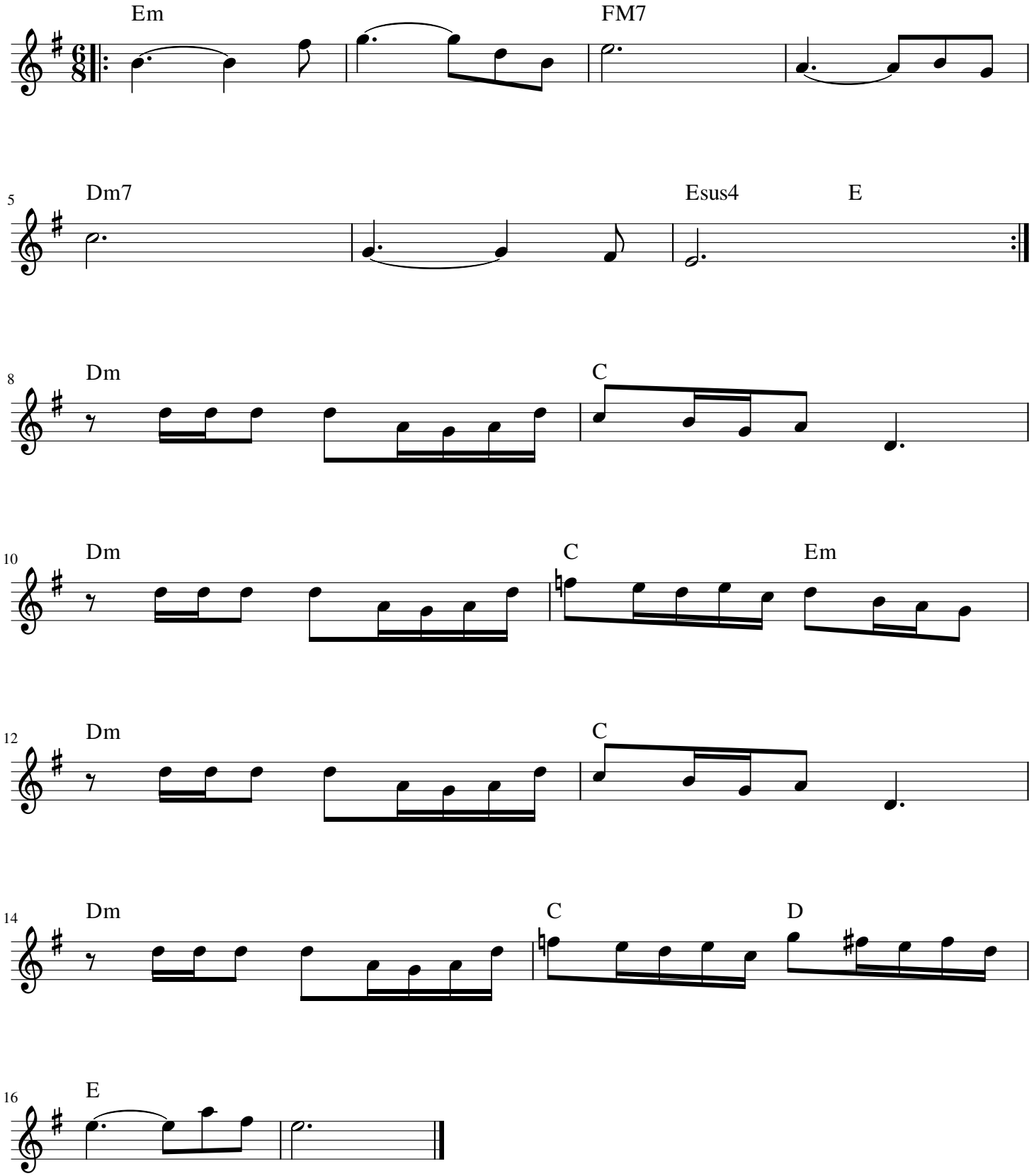熱砂の秘密